

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EY1	Fundamental Movement Skills & Dance Agility	Fundamental Movement Skills & Dance: Co-ordination	Fundamental Movement Skills & Dance: Spatial Awareness	Fundamental Movement Skills & Dance: Force.	Fundamental Movement Skills & Dance: Dynamics Athletics.	Fundamental Movement Skills & Dance: Levels Sports Day fun.
Year 1	Fundamental Movement Skills relating and incorporating: Netball (passing, moving, throwing and catching)	Fundamental Movement Skills relating and incorporating: Football (balance to Agility / co-ordination, balls skills)	Fundamental Movement Skills relating and incorporating: Gymnastics – Individual sequences (Dynamic balance / Static Balance) Football	Fundamental Movement Skills relating and incorporating: Athletics Dance - Arts and Culture themed dance	Fundamental Movement Skills: Football – Arts and Culture themed. Athletics – running, jumping & throwing	Fundamental Movement Skills relating to: Racket sports - Tennis Athletics
Year 2	Fundamental Movement Skills: Invasion Games – Football (agility, coordination, kicking) Dance – linked to rivers and water cycle	Fundamental Movement Skills: Coordination / Static /counter Balance (gymnastics) Dance – linked to Great Fire of London	Fundamental Movement Skills: Dance – linked to Place and Time topic Invasion Games – Football/Rugby (agility, coordination)	Fundamental Movement Skills: Netball-ball skills (running, throwing, catching) Dance – linked to Place and Time topic	Fundamental Movement Skills: Dance (Coordination with equipment / Agility-reaction & response) Athletics – running, jumping & throwing	Fundamental Movement Skills: Dance Athletics – running, throwing, striking
Year 3	Fundamental Movement Skills relating to: Football Dance	Fundamental Movement Skills relating to: Rugby Gymnastics (Coordination / Static /counter Balance)	Fundamental Movement Skills: Gymnastics (Counter balances, rolls) Dance	Fundamental Movement Skills: Hockey Dance	Fundamental Movement Skills relating to: Athletics Swimming	Fundamental Movement Skills relating to: Athletics Swimming

Year 4	Invasion games-Football Dance-	Invasion games-Rugby Dance	Contemporary Dance Gymnastics	Chinese/Danish Dance - performance skills Striking/fielding games (cricket)	Athletics - throwing, running, jumping Striking/fielding games (cricket)	Athletics - throwing, running, jumping. Striking/fielding games (cricket)
Year 5	Football Dance	Rugby Dance	Hockey Dance	Athletics/cricket Dance	Athletics/cricket Dance	Cricket - Batting and fielding skills Dance
Year 6	Invasion Games – Rugby/football (agility, coordination, throwing, catching) Netball (throwing, catching, travelling, movement, co-ordination)	Invasion Games – Rugby/football (agility, coordination, throwing, catching) Dance	Net/wall Games: Gymnastics Balance Dance	Striking & fielding games: Cricket Dance (Greek)	Fundamental Movement Skills: Cricket Athletics – running, jumping & throwing	Striking & Fielding Games: Cricket Athletics – running, jumping & throwing Canoe and Kayaking