

## **Interim Sports Premium Impact Statement 2022-23**

The Physical and Emotional Health curriculum at Lowbrook Academy has continued to thrive, allowing us to ensure that pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The Sports Premium Grant this year has been spent on the following initiatives:

- equipment and garments;
- sporting experiences across key stages;
- providing teacher training opportunities;
- making opportunities for children to receive specialist coaching in different sporting disciplines;
- providing travel to children participating in sporting tournaments;
- For children to be equipped with safe self-rescue skills.

Alongside the grant, Lowbrook are committed to ensuring that all pupils receive a minimum of 2 hours of PE per week, delivered by well-trained and enthusiastic teachers/coaches. To supplement this, children also partake in the daily Lowbrook Mile, adding to their physical exercise.

This year, the Lowbrook Mile has been re-incentivised as the Golden Mile. Instead of a requirement of running 7 laps to total a mile each day and record personal best times, teachers can now set the children running for a length of time that is suitable for the class and record how many laps each child has run. The number of laps is inputted into the Golden Mile system which calculates cumulative distances run individually, in a class, in a key stage and in the whole school. Children are loving finding out that, in a week, they have run to Windor, in a term, they have run to London and in the year, as a whole school, we might be able to run to Italy.

### **Key statistics for PE at Lowbrook Academy 2022-23 so far**

Below are the results for sporting fixtures and tournaments this year so far. Due to poor weather, a number of fixtures have had to be rescheduled and we look forward to these in the coming weeks.

Mixed Football wins/draw/loss percentage for year to date	50% win, 50% draw, 0% loss (2 matches)
Girls' Football wins/draw/loss percentage for year to date	100% win (2 matches)
Netball Team wins/draw/loss percentage for year to date	100% draws (1 match)
Number of year groups participating in competition	100%
% of children in KS2 going to sports and clubs After School clubs	65%
% of children in KS1 going to sports and clubs After School clubs	49%
% of children participating in extracurricular sports (whole school)	47%
Number of children using running track on a daily basis	330 children (100% of KS1 and KS2)

As a result of the pandemic, the number of children attending extracurricular clubs has decreased due to the current economic climate and the number of parents now working from home and able to collect children at the end of the school day. Our aim this year has been to offer a variety of sporting clubs to ensure that children are given the opportunity to experience a range of sports and in the hope that there will be something to interest and engage all. Our goal is to build upon numbers attending extracurricular sporting clubs across all year groups.

### **Success in competitive school sport 2021/22:**

In the 2022/23 academic year, it is planned that all years will participate in external competitive sporting events outside of Sports Week. This shows that children's participation in sporting events continues to be a feature across different years. Also, we have had two teams (one mixed and one girls only) represent the school in this year's Football League and a team in the netball league with both girls and boys representing the school. In addition, there is a mixed rugby team. This year, we have re-joined the Ascot and Maidenhead School Sports Partnership which offers a number of sporting opportunities for all age groups from Stingers Netball to Cross Country.

As a direct result of the Pandemic, children's fundamental movement skills have been negatively impacted and children's ability to navigate space safely has decreased. Consequently, it has been a priority of the school to provide ample opportunities for children to develop these skills, particularly as part of a team where navigating space with others is vital. As part of this, sporting involvement has been a key feature of the 2022/23 academic year so far. Lowbrook has entered into as many sporting events and tournaments as possible this academic year to ensure children get the opportunity to participate in their chosen sport. It has been fantastic to see children across different year groups participating in these sporting events.

### **Sports and Resources**

This year, a variety of play equipment has been purchased with the Sports Premium funding to be used across both Key Stages at breaktimes and lunchtimes. Children are able to develop valuable coordination skills whilst also developing their teamwork during their free time. A range of equipment has been purchased in the Early Years Foundation Stage to help develop gross motor skills, balance and coordination. Additionally, high quality footballs and rugby balls have been purchased for use during PE lessons and extracurricular clubs.

### **Sports Kit**

Last year, the Lowbrook PE kit was revamped and was gradually phased in across the school. It is brilliant to see this kit now widely worn across the school, enabling children to participate in PE lessons and external sporting events with pride. This kit now complements our recently rejuvenated team kits, including netball, rugby and football.

### **Continued Professional Development (CPD) of Staff**

One of the priorities of the PE action plan and budget breakdown continues to be CPD; funding was allocated from Sports Premium, enabling teachers to gain knowledge, confidence and sporting pedagogy to teach outstanding lessons and pass this knowledge onto other staff members. The investment in CPD will ensure a long term impact on outstanding practise at Lowbrook Academy demonstrated by 100% of observed PE lessons judged as outstanding. This year, we have 4 Early Career Teachers (ECTs); these members

of staff have been identified as essential personnel to target for CPD in PE and have already received Dance CPD with Jane Douglass as part of the School Sports Partnership. This means that all current teaching staff have received CPD in the delivery of the Dance curriculum since the start of last academic year. CPD for ECTs will continue to be a priority in the delivery of Gymnastics and Athletics.

### **Health and Fitness**

The implementation of the Lowbrook Mile has been essential in equipping our pupils for a healthy, active lifestyle which has continued into the 2022/23 academic year. The initiative has been incentivised this year with the introduction of the Golden Mile which enables children to track their progress online. The Daily Mile continues to provide many advantages, with this year hoping to aid the following:

- The Daily Mile allows children to set personal goals with the view of trying to better this.
- Children bring the benefits home, eating and sleeping better and encouraging their families to get active together.
- The Daily Mile builds self-esteem and confidence, improving children's perception of exercise for life.

### **Sports Clubs and Specialist teaching**

Lowbrook have further enhanced extra-curricular sporting activities. As well as staff who deliver after school clubs, the school appointed sports professionals to deliver high quality sport, including:

- Crissy Sanders (Street Dance)
- Kelly Castle – Samurai (Kick Boxing)
- Premier Education (Netball)
- Premier Education (KS1 Football)
- Mitch Woodward (KS2 Football)

Unquestionably, this crease in sporting opportunities available at Lowbrook has promoted a greater uptake of participation in sport in and out of school.

The importance of offering a wide variety of sports and clubs is essential. To really encourage participation amongst both key stages and both genders, it was important that external, sporting professionals and teachers reached out to younger children as a focus. Lowbrook continued to build on the existing extra curricular sports and clubs with new and exciting opportunities. Clubs now include the following: Choir, Football, Dance by Sanders Street Dance, two different Netball clubs (Upper KS2 with Megan Bunce and KS1 & Lower KS2 with Premier Education), Violin, Mandarin, French, Textiles, Green Team, Samurai Kickboxing and three different football clubs (KS1 Football by Premier Education, KS2 girls' Football by Nicola Edwards and KS2 Football by Mitch Woodward). Clubs that were new to Lowbrook for the 22/23 academic year include: Textiles and KS1 netball.

### **Pupil Premium children and ASC**

	Year to Date
% of Pupil Premium children participating in an ASC activity	50%
% of KS1 Pupil Premium children involved in an ASC activity	33% (1 of 3)
% of KS2 Pupil Premium children involved in an ASC activity	56% (5 of 9)

% of Pupil Premium boys involved in sport (whole school)	14% (1 of 7)
% of girls involved in sport (whole school)	50% (2 of 5)

With regards to Pupil Premium children's involvement within sport, this is an area for improvement. The table above highlights that rates of participation, particularly with boys, is lower than pre-pandemic. Pupil surveys have been completed to compile views from students on what clubs they would like to see and Sports Premium Budget will be utilised alongside Pupil Premium Budget to enable children from disadvantaged backgrounds to attend clubs that are ordinarily parent funded.

Premier Education and Mitch Woodward continue to provide the school with a high level of sports coaching across all eleven classes throughout the entirety of the academic year, positively affecting all of KS1 and KS2 across the year.

As evidenced above, Lowbrook Academy ensures children receive exceptional quality of teaching in PE, through offering a broader range of sporting activities, some of which is through specialist coaching. These include:

<b>Sport, Games and PE</b>	<b>Staff</b>
Football	Mitch Woodward
Rugby	Dave Rooney
Hockey	Leah Foley
Netball	Megan Bunce & Harriet Daniels
Swimming	Braywick Leisure Centre
Dance	Jane Douglass
Zumba	Ronni Quinby