

Sports Premium Impact Statement 2015-16:



The advancement of the Physical and Emotional Health curriculum has kept on thriving with the help of the Sports Premium Grant. The Sports Premium funding has helped enable the improvement of new facilities, sporting experiences across key stage 1 and 2, teacher training for new and existing staff, specialist coaching in different sporting disciplines and the involvement in the SSP (School Sports Partnership) intra- house sporting competition.

Sporting Success

Lowbrook Academy has had yet another outstanding year with even more children participating extensively across a range of sporting disciplines.

Key statistics for PE at Lowbrook Academy 2015/16

Rugby Team wins (Year 3/4)	80% win/ 20% loss
Rugby Team wins (Year 5)	80% win/ 20% loss
Rugby Team wins (Year 6)	80% win/ 20% loss
Year 3/4 Football wins/draw/loss percentage for year	83% wins/ 11% draws/ 6% loss
% of children partaking in a new sporting discipline in school	100%
Number of year groups participating in competition	100%
Participation of children in sport	100%
% of children in KS2 going to sports After School clubs	60%
% of children participating in extracurricular sports	70%
Number of outside specialists that have taught children	22 (See Appendix 1)
% of children to have experienced outside specialist coaching	100%
% of children competing in Intrahouse competitions	100%
Amount of children who attended a sporting school trip	100% of KS2
Children able to swim 25m in Year 3	30/30 children
Amount of children to use the automatic ball machine	120 children (100% of KS2)
OAA participation	100% of Year 6
OAA activities	3 sports
Amount of specialist OAA activity	15 hours
CPD trained staff	5 members
Number of children aided by Level 2 football coaching	100% of KS2 and 33% of KS1

Sports Week

Lowbrook Academy continues to push the boundaries, which was exemplified within Sports Week, an event that was made possible by Sports Premium funding. The success of the event highlighted how effective the Sport Premium expenditure has been with 100% participation of children in sport across every year group. With children being exposed to no less than 28 different sporting activities during this landmark week, children were given the license to gain new experiences (See Appendix 1). The week involved sports both internally and externally of the school site, including some that children rarely get to experience in primary schools. 22 of the 28 activities were led by sporting professionals from rock climbing to ice skating. Also, all of Key Stage 2 were fortunate to go on sporting school trips: swimming at the leisure centre, going to a trampoline park, experiencing canoe and kayaking at Hurley and ice skating at the Slough Ice Rink. Furthermore, an impressive 100% of the children at Lowbrook Academy engaged in a new sport over the week. (See Appendix 1 for Sports Week timetable) The sports experienced in Sports Week that are now widely participated by Lowbrook children, as a direct result of Sports Week include: Street Dance, Kick Boxing, Golf, Fencing and Football.

With the aim of Sports Week to provide children with the inspiration to aspire for greatness and increase participation in sport, 100% of children stated that they would be interested in partaking in an activity experienced from Sports Week. What's more 100% of children felt more inspired as a result of the week. What's more the week highlighted how both new experiences were gained from the pioneers of sport.

In addition to offering first class coaching they also gave 100% of Lowbrook teachers a chance to upskill their knowledge and practise with drills and activities observed. For example, all 12 teachers of Lowbrook Academy were able to gain new methods of practises such as simple dance warm and cool down routines. As a consequence of the interest in the sports that children experienced during Sports Week we have continued to forge relationships with external clubs through After School Clubs.

One of the major events during Sports Week was Sports Day. Sports Day was a special day whereby children competed in Intra-house Competitions across different athletics field events, aerobic dancing and competed in track events. With 100% of students participating, and members of the community supporting, this was an exciting day where children exceeded their own limits to gain points for their teams. The event even allowed for partnership with a local secondary school, Cox Green School who aided proceedings with their students. As a result Lowbrook Academy helped 30 older students further their sports leader's qualifications.



Canoe and Kayaking
at Hurley



Fencing with Carina Vicente
in the Pavilion



Rocking climbing
in the school playground

Sports Week was recognised as a big success by various stakeholders of Lowbrook Academy as a result of comments received by email and Twitter. The Chair of Governors, Mrs Dominique Du Pre, stated "What a fantastic way to end an amazing week. Thank you to everyone involved!" Whilst, Mr David Rooney (Principle of Lowbrook) also shared his happiness: "Thank you all for an awesome Sports Day - Parents, children, staff." Lastly one of many parents expressed their positive views on Sports Week, one of which tweeted: "My girls had a fabulous week & enjoyed every minute. Thank you for all your hard work Lowbrook and especially Mr B".

Equipment

Further improvements to the PE domain included new sporting facilities, such as basketballs, netballs and badminton rackets. With higher quality equipment, coupled with exposure to frequent lessons and coaching sessions, improvement to competitive sport was key and the goal; achievement in competition proved successful. Success was illustrated in triumphs of Lowbrook Academy's Year 3 and 4 badminton team, who managed to achieve 2nd place at the Berkshire badminton qualifier event and 3rd place at the yearly netball High5 netball competition. This was a direct result of improved equipment, training of staff and a huge testament to the hours of dedicated training opportunities and hard work by children and staff. What's more, Sports Premium funding has also allowed an archery, aiding further sporting skillsets. Use of this facility has been used across all year groups, meaning 100% of use across the school.

100% (120 children) of Key Stage 2 children have used equipment purchased for netball, football and basketball, enabling Lowbrook to continue to push the boundaries and offer the best possible facilities in which to engage children. Other new sports equipment purchased this year included new goal posts, indicating the push to maintain and improve provision. This, when linked to results in competition, highlights the excellent impact equipment has made. The day-to-day usage of facilities purchased has helped 100% of the children where facilities such as mini goals and larger 7 aside goals are accessible every day of the academic year. This has meant equipment has been utilised to its fullest with 100% of children able to access the new goals by both Key Stage 1 and Key Stage 2.



New GB archery equipment



New goal posts bought for Key Stage 1

The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics as a result of Sports Week and equipment improvement:

- All Key Stage 2 classes have over 60% participation of children in clubs.
- All Key Stage 1 classes have 55% participation of children in clubs.
- Several clubs are oversubscribed, including Gymnastics, cricket and Athletics.
- Increase in Early Years activities, through participating in Play leader led activities.

Ascot and Maidenhead School Sports Partnership Core package

The Sports Premium grant has enabled Lowbrook Academy to buy the 'Core' package option the Ascot and Maidenhead SSP. This package entitled entry into sporting competitions and access to certain CPD opportunities, which Lowbrook took full advantage of as seen below.

Sporting Success

Lowbrook Academy had an outstanding year, with children participating extensively across a range of sporting disciplines. The below listing of success in competition highlights how there has been an increase in participation of children and events entered from one academic year to another

Success in competitive school sport 2013/14:

- September 2013 - Inter school indoor football competition Year 6 - 1st place
- November 2013 - Tag Rugby Competition - 1st and 2nd place
- December 2013 - Group stage winners.
- February 2014 - Tag Rugby regional competition - 3rd place
- March 2014 - Year 3/4 inter school football tournament - semi finalists
- March 2014 - Year 6 Hi 5 Netball Tournament - 3rd place

Success in competitive school sport 2014/15

- November 2014 - Tag Rugby Competition - semi-finalists (Years 3/4)
- November 2014 - Tag Rugby Competition - semi-finalists (Years 5)
- February 2015 - Under 10's Football tournament - quarter finalists
- March 2015 - Sainsbury's football tournament - Winners (Years 3/4)
- March 2015 - Years 3/4 Sainsbury's Regional competition - 3rd place

Success in competitive school sport 2015/16

- September 2015 - Under 11s Desborough Tag Rugby competition - Bronze medallist
- October 2015 - Year 5/6 Hockey tournament - 2nd place (for 2 Lowbrook Academy teams in two separate leagues)
- October 2015 - Cox Green School Under 11s Football Tournament - Runners Up
- November 2015 - Wycombe Wanderers Football tournament - 2nd Place in league
- December 2015 - Maidenhead Football League (friendlies) - 3rd Place
- March 2016 - Claires Court Under 10s Football tournament - Runners Up
- March 2016 - Year 3/ 4 BISI Badminton tournament - 2nd place
- March 2016 - Year 3/ 4 Netball tournament - 4th place out of 20 teams
- March 2016 - Year 3/ 4 Football tournament - 2nd place in group stages (DNQ)
- May 2016 - Maidenhead Football League (competitive league) - 2nd place
- June 2016 - ASJ football tournament - 2nd place
- June 2016 - Year 3/ 4 Tag Rugby tournament - 3rd place(2 teams entered)
- June 2016 - Year 5/6 Tag Rugby tournament - 2nd and 3rd place
- June 2016 - Year 5 Euros football tournament - Group winners and overall 3rd place

The success of sporting competitions highlights how there has been a positive growth in number of children participating in sporting events across different years. As well as this, the number of different sports that Lowbrook have competed in has taken a rise (as seen above). The 2015/16 academic year shows Lowbrook Academy to have competed in new sports such as hockey, netball and badminton. The outcomes of these competitions also show excellent progress and achievement.

Given that the Sports Premium funding enabled the completion of a FA Level 2 footballing coach previously, Lowbrook Academy continues to show excellent progress in this field. This notable progress can be seen where Lowbrook's Under 11 team came runners up in the Claires Court tournament where lots of private schools played.



2nd place in the Y5/6 Hockey tournament



Bronze Medallist in the Desborough Rugby tournament



Runners Up at the Claires Court Football tournament



2nd place at AJD Y5 football tournament



3rd place in Year 3/ 4 Tag Rugby



2nd place at the Y3/4 BIS1 badminton

The 2015/16 year was a highly successful year across all of Key Stage 2. Teams came close to winning competitions but on numerous occasions came runners up and third place. Teams often lost one game, in the final or semi-final with all games undefeated till these points. With an increase in student numbers across the school it was imperative that participation levels in competitions increased. As a result, two teams were often submitted for events to enable maximum participation.

With football and rugby usually being an area of strength for Lowbrook Academy, the real success story of the year was with Badminton and Hockey. Sports Premium funding enabled new badminton equipment which helped to raise standards; Lowbrook's year 3 and 4 badminton team achieved 2nd place in the BISI badminton tournament. Hockey proved just as successful as badminton with a 2nd place achievement.

CPD

A priority of the PE action plan continues to be CPD; funding was allocated from Sports Premium, enabling teachers to gain knowledge, confidence and sporting pedagogy to teach outstanding lessons. The investment in CPD will ensure a long term impact on outstanding practise at Lowbrook Academy demonstrated by 100% of outstanding PE lessons. New members of staff were given the opportunity to learn new skills and up-skill their practices.

Courses attended by teachers include:

- REAL PE courses run by Create Development- Hannah Crosby and Jessica Bourne. The course has helped extend knowledge and proficiency in the teaching of PE. Both teachers have been able to focus on the teaching fundamental movement skills of balance, coordination and agility to limit any gaps in physical development and capabilities of pupils. 100% of children these two teachers classes have experienced PE lessons inspired by REAL PE. Training of Real PE to staff members, essential resources and skills have facilitated the practise of fundamental skills amongst children.
- How to be an effective leader of PE - Claire Soane. With Mrs Soane assisting in PE at Lowbrook it was vital that she be provided the necessary skills and knowledge to advise Nealesh Bhadye in his role as Head of PE at Lowbrook Academy. The course enabled a deeper insight into strands of teaching such as assessment and how it could be conducted.
- Primary Cricket - David Morgan and Nealesh Bhadye. Where lack of sporting experience and teaching ideas lacked, it was decided that making Cricket more relevant to primary children was needed to aid progress. Use of ideas/games was used straight away in an after school club.



REAL gym run by Mrs Soane

Swimming

The Sports Premium Grant has enabled us to invest in swimming across Years 3, 5 and 6 and has been paramount to the national expectation that children are taught to swim. By paying for children to swim, this has provided all 30 children in upper Key Stage 2 with the skill of becoming a competent swimmer and has offered 100% of lower Key Stage 2 students the crucial skill of swimming to a competent standard across a 25 metre distance. Expenditure such as this provides an everlasting lifesaving skill and allows an understanding of limits around water. 30 of the 30 children in Year 3, were successful in their efforts to swim to a competent level, the one child who didn't manage to achieve this will have the opportunity to go swimming in Year 5.



Year 3 swimmers

Sports Clubs and Specialist teaching

Following a hugely successful Sports Week in the summer of 2015, we have furthered our extra-curricular sporting activities. As well as staff delivering after school clubs with passion, the school have appointed sports professionals to deliver high quality sport, such as Crissy Sanders (Street Dance) and Chelsea Football. Unquestionably, this increase in sporting opportunities available at Lowbrook will promote a greater uptake of participation in sport in and out of school.

Alongside a wider range of sports clubs, Lowbrook have continued to forge ties with Jane Douglass, a dance specialist. Her services have aided a high standard of dance in Year 2, 4 and 5. As well as this, she has also provided extra-curricular dance opportunities as a result of Sports Premium funding.

As evidence above, Lowbrook Academy ensures children receive exceptional quality of teaching in PE, through offering a broader range of sporting activities, some of which is through specialist coaching. These include:

Sport, Games and PE	Staff
Gymnastics	Claire Soane (British Gymnastics qualified)
Football	Nealesh Bhadye (FA trained)
Rugby	David Rooney (RFU trained)
Hockey and Cricket	David Morgan
Netball	Rebecca Scrace
Swimming	Magnet Leisure Centre specialist coaching
Dance	Specialist Dance teaching from Jane Douglass
Canoeing/Kayaking	Longridge and Bray

The improvement in partnership work on physical education with other schools and other local partners:

- A comprehensive range of links formed and nurtured to bring different sports to Lowbrook for Sports Week and After School Club - from Chelsea to existing contacts (Kickboxing)
- A continued link with prep schools - Real Cricket/Ridgeway (Claire's Court) - football tournaments.
- Working in cahoots with Cox Green School to provide an outstanding Sports Day.



Chelsea Foundation



Sanders Street Dance



Samurai Fitness Kickboxing

Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills:

- PE week - classes researched and learnt about the history of various sports.
- Teaching of PE is linked not only to the physical aspects of competition and activity, but the social and emotional areas of teamwork, peer pressure, perseverance, dangers of obesity and smoking

The greater awareness amongst pupils' about the dangers of obesity, smoking and other such activities that undermine pupils' health:

- With cross curricular links to Science topics and a naturally embedded approach to health related topics, pupils actively recognise the importance and values that physical activity has.
- Regarding health and fitness, there are plans to develop the use of innovative technology in PE, through use of a fitness tracker.
- Use of 'The Lowbrook Mile' throughout the week for all classes.
- Evident in the fall in numbers of pupils 'forgetting their PE kit'.



Lowbrook Mile during Sports Week



Lowbrook Mile during Sports Relief

Outdoor Adventure Activities

With Outdoor Adventure Activities (OAA) forming part of the curriculum, it was essential this strand of the curriculum be accounted for by Sports Premium funding. 100% of Year 6 children have had the opportunity to partake in 3 outdoor activities. The year group participated in sports such as Canoeing and Kayaking, climbing and orienteering. Investment using the Sports Premium in this strand of sport facilitated character building skills such as communication and team work. Children managed to participate for a total of 15 hours.

Appendix 1

<u>Day</u>	<u>Foundation EY1B</u>	<u>Foundation EY1S</u>	<u>Year 1 EY2F</u>	<u>Year 1 EY2S</u>	<u>Year 2 2B</u>	<u>Year 2G</u>
<u>Monday morning</u>	9.00 – 9.30 Golf (outside) 9.30 – 10.15 Parachute games (field)	9.30 – 10.00 Golf (outside) 10.15 – 11.00 Parachute games (field)	10.00 – 10.30 Golf (outside) 11.00 – 11.45 Parachute games(field)	9.00 – 9.30 WUSU(class) 10.30 – 11.00 Golf (outside)	11.00 – 11.30 Golf(outside)	11.30 – 12.00 Golf(outside)
<u>Monday afternoon</u>	1.00– 1.30 Zumba (with EY1S – in front of Pavilion)	1.00– 1.30 Zumba (with EY1B - in front of Pavilion)	1.30– 2.00 Zumba (with 2G - in front of Pavilion)	1.00 – 2.00 Parachute games(field) 2.30 – 3.00 Zumba (with 2B - in front of Pavilion)	1.45 – 2.30 Badminton (hall) 2.30 – 3.00 Zumba (with EY2S - in front of Pavilion)	1.30– 2.00 Zumba (with EY2F - in front of Pavilion) 2.30 – 3.15 Badminton (hall)
<u>Tuesday Morning</u>	9.00 – 9.30 WUSU (class)	9.00 – 9.30 WUSU(class) 10.10 – 11.10 Sanders Street Dance (Lowbrook Suite)	9.00 – 9.30 WUSU(class) 11.10 – 12.10 Sanders Street Dance (Lowbrook Suite)	10.40 – 11.30 Kickboxing (hall)	9.00 – 10.00 Parachute games(field) 10.10 – 11.10 Archery (outside)	10.00 – 11.00 Parachute games(field) 11.10 – 12.10 Archery (outside)
<u>Tuesday afternoon</u>	12.45 – 1.35 Archery (outside)	1.35 – 2.25 Archery (outside)	2.25 – 3.15 Archery (outside)	12.45 – 1.45 Sanders Street Dance (Lowbrook Suite)	1.45 – 2.45 Sanders Street Dance (Lowbrook Suite)	2.00 – 3.00 Kickboxing (hall)
<u>Wednesday morning</u>	9.15 – 10.05 Chelsea Football (outside) 10.10 – 11.10 Sanders Street Dance (Lowbrook Suite)	9.10 – 10.00 Adam Peckett PE 10.05 – 10.55 Chelsea Football (outside)	9.00 – 9.50 Kickboxing (hall) 10.55 – 11.45 Chelsea Football (outside)	10.10 – 11.10 Adam Peckett PE	9.00 – 9.30 WUSU (class) 10.40-11.30 Kickboxing (hall)	9.10 – 10.10 Sanders Street Dance (Lowbrook suite)
<u>Wednesday afternoon</u>	2.00 – 3.00 Kickboxing (hall)	1.00 – 2.00 Kickboxing (hall)		12.45 – 1.35 Chelsea Football (outside) 1.35 – 2.35 Archery	1.35 – 2.25 Chelsea Football (outside)	12.45 – 1.45 Adam Peckett PE 2.25 – 3.15 Chelsea Football (outside)
<u>Thursday morning</u>	11.15 – 12.00 Tennis (playground)	10.30 – 11.15 Tennis (playground)	9.00 – 9.45 Tennis (playground) 11.00 – 11.30 Basketball (playground)	9.45 – 10.30 Tennis (playground) 11.30 – 12.00 Basketball (playground)	10.00 – 10.30 Basketball (playground)	9.00 – 9.30 WUSU (class) 10.30 – 11.00 Basketball (playground)
<u>Thursday afternoon</u>	1.00 – 1.30 Basketball (playground)	1.30 – 2.00 Basketball (playground)				

Day	Year 3 3C	Year 4 4BH	Year 5 5M	Year 6 6I
Monday morning	9.15 – 10.15 Chelsea Football (outside) 10.40 – 11.30 Badminton (hall)	9.00 – 9.50 Badminton (hall) 10.15 – 11.15 Chelsea Football (outside)	9.00 – 9.30 Table tennis (grp 1 Pavilion) 9.30 – 10.00 Table tennis (grp 2 Pavilion) 10.00 – 10.30 Table tennis (grp 3 Pavilion) 11.15 – 12.15 Chelsea Football (outside)	9.50 – 10.40 Badminton (hall) 10.30 – 11.00 Table tennis (grp 1 – Pavilion) 11.00 – 11.30 Table tennis (grp 2 Pavilion) 11.30 – 12.00 Table tennis (grp 3 Pavilion)
Monday afternoon	1.00– 1.30 Golf (outside)	1.00– 1.30 Table Tennis (grp 1 Pavilion) 1.30 – 2.00 Table Tennis (grp 2 Pavilion) 2.00 – 2.30 Table Tennis (grp 3 Pavilion) 1.30 – 2.00 Golf (Ten miss out - outside)	1.00 – 1.45 Badminton (hall) 2.00 – 2.30 Golf (outside)	1.00 – 2.00 Chelsea Football (outside) 2.30 – 3.00 Golf (outside)
Tuesday Morning	9.10 – 10.10 Sanders Street (Lowbrook Suite)	9.10 -9.50 Archery (outside) 9.50 – 10.40 Kickboxing (hall)	9.05 – 10.05 Fencing (Pavilion – girls) 10.15 – 11.15 Fencing (Pavilion - boys) 10.00 – 12.00 Softball (girls - outside)	9.00 – 9.50 Kickboxing (hall) 10.10 – 11.10 Archery (boys - outside) 10.00 – 12.00 Softball (girls - outside)
Tuesday afternoon			1.00– 2.00 Kickboxing (hall) 2.10 – 3.10 Archery (outside)	1.00 – 2.00 Fencing (Pavilion) 2.00 – 3.00 Fencing (Pavilion)
Wednesday morning	9.00 – 9.30 Climbing (grp 1 – 6 children) 9.00 – 10.00 Fencing (Pavilion) 9.50 – 10.40 Kickboxing (hall) 11.00 – 12.00 Fencing (Pavilion) 11.10 – 12.10 Adam Peckett PE	9.00 – 9.30 Climbing (grp 1 – 6 children) 10.00 – 11.00 Fencing (Pavilion) 11.10 – 12.10 Sanders Street Dance (Lowbrook Suite)	10.30 – 11.00 Climbing (grp 1 – 6 children) 11.00 – 11.30 Climbing (grp 2 – 12 children) 11.30 – 12.00 Climbing (grp 3 – 12 children)	9.30 – 10.00 Climbing (grp 1 – 12 children) 10.00 – 10.30 Climbing (grp 2 – 12 children) 10.30 – 11.00 Climbing - (grp 3 - 6 children) 11.00 – 12.00 Archery
Wednesday afternoon	1.00– 1.30 Climbing (grp 2 – 12 children) 1.30 – 2.00 Climbing (grp 3 - 12 children)	1.00 – 2.00 Fencing (Pavilion) 2.00 – 2.30 Climbing (grp 2 - 12 children) 2.30 – 3.00 Climbing (grp 3 - 12 children)	2.05 – 3.05 Sanders Street Dance (Lowbrook Suite)	1.05 – 2.05 Sanders Street Dance (Lowbrook Suite) 2.10 – 3.10 Adam Peckett PE
Thursday morning	9.00 – 10.30 Swimming	ICE SKATING TRIP	GO JUMP TRIP	Canoe and Kayaking TRIP
Thursday afternoon	1.10 – 2.10 Archery (outside)	ICE SKATING TRIP	GO JUMP TRIP	Canoe and Kayaking TRIP

NB

- Fencing is undertaken in hourly sessions of 15 children at a time with Carina Vicente.
- Football with Simon Jackson and one other coach on field (Chelsea)
- Street Dancing with Crissy Sanders in Bianca's and Claire's room
- Badminton is held by Chris Hudson
- Basketball is with Reading Rockets coach: Joel Keeble
- Golf with Cristian Rodriguez
- Tennis with Niall Collins
- Table Tennis with Ken Phillips and Jan Chapman in groups of 10 on Lowbrook suite veranda.
- Kickboxing with Matt Collins
- Climbing is with Andy Green
- Zumba with Ronnie Quinby
- Softball with Johanna Malisani
- Archery by CLASS TEACHER
- WUSU by CLASS TEACHER
- Parachute games by CLASS TEACHER