

## **Sports Premium Impact Statement 2016-17**

The Physical and Emotional Health curriculum at Lowbrook Academy has continued to thrive and evolve, allowing us to ensure that pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The Sports Premium Grant this year has been spent on the following initiatives:

- equipment and garments;
- sporting experiences across key stages;
- providing teacher training opportunities;
- making opportunities for children to receive specialist coaching in different sporting disciplines;
- providing travel to children participating in sporting tournaments
- involvement in the SSP (School Sports Partnership) programme and external competition beyond RBWM.

Alongside the grant, we are committed to ensuring that all pupils receive a minimum of 2 hours of PE per week, delivered by well-trained and enthusiastic teachers/coaches.

### **Key statistics for PE at Lowbrook Academy 2016/17**

Rugby Team wins (Year 3/4)	100% unbeaten (4 wins, 1 draw)
Mixed Rugby Team wins (Year 5/6)	80% wins/ 20% loss (13 wins 2 losses)
All girls Rugby Team win/loss ratio	50% wins/ 25% loss/ 25% draws (6 wins, 3 losses/draws)
Year 1 Football wins/draw/loss percentage for year	80% win/ 20% loss (4 wins, 1 loss)
Year 3 Football wins/draw/loss percentage for year	100% unbeaten (4 wins, 1 draw)
Year 4 Football wins/draw/loss percentage for year	60% win/ 20% draw/ 20% loss (3 wins, 1 draw, 1 loss)
Year 5 Football wins/draw/loss percentage for year	80% win/ 20% loss (8 wins, 2 loss)
Year 6 Football wins/draw/loss percentage for year	80% win/ 20% loss (16 wins, 4 loss)
% of children partaking in a new sporting discipline in school	100%
Number of year groups participating in competition	100%
% of children in KS2 going to sports After School clubs	77%
% of children in KS1 going to sports After School clubs	60%
% of children participating in extracurricular sports (whole school)	70%
Number of outside specialists that have taught children	32 (See Appendix 1)
% of children competing in intra house competitions	100%
Amount of children who attended a sporting school trip	100% of KS2
Children able to swim 25m in Year 3	59/60 children
Amount of children using running track on a daily basis	331 children (100% of KS2, KS1 and FS)
OAA participation	100% of Year 6
OAA activities	Canoe, kayaking, rock climbing and dragon boating

## Sports Week

Building on the success of previous Sports Weeks at Lowbrook Academy, the Sport Premium Grant enabled us to deliver arguably our biggest and best Sports Week and Sports Day yet at the Academy, packed with sporting activities aimed at encouraging the children to participate in sports both within school and externally.

Sports Week empowered Lowbrook to really push the boundaries by enabling 100% of our pupils to participate in sport across every year group. With children being exposed to more than 30 different sporting activities during this landmark week, they were given the licence to gain new experiences in physical skills (see Appendix 1 and list of activities below).



*External professional shares  
Lowbrook commitment to sport.*

The week involved sports both internally and externally of the school site, including some that children rarely get to experience in primary schools. 25 of the 30+ activities were led by sporting professionals from rock climbing to bowling experts. Also, all of Key Stage 2 were fortunate to go on sporting school trips including: swimming at the local leisure centre; going to a trampoline park, experiencing outdoor activities such as canoeing and kayaking at Hurley; and bowling at TenPin Bowling Alley.

Furthermore, 100% of the children at Lowbrook Academy engaged in a new sport over the week with ballet and skipping skills being taught for the first time (See Appendix 1).

The activities experienced in Sports Week that are now widely participated in by Lowbrook children as a direct result of the week are: Street Dance, Kick Boxing, Golf, Fencing, Football, Skipping, Rugby and Archery. Specialist coaches, interested in their field of sport, notably enjoy their experience at Lowbrook. This has a long lasting impact for us as we build relationships and are able to offer children the opportunity to access these new sports via after-school clubs or external clubs.

With the aim of Sports Week being to raise aspirations for sporting greatness and increase participation in sport, 100% of children stated that they would be interested in participating in an activity that they experienced from Sports Week. Furthermore, 100% of children felt more inspired to participate in sporting activities as a result of the week. As a consequence of the interest in the sports that children experienced, we have continued to build and strengthen relationships with external clubs through our varied and diverse programme of after school clubs.



*Dan the Skipping Man developing  
skipping skills in KS2*

## Sports Day



One of the major events during Sports Week was Lowbrook Academy's Sports Day, which this year was arguably bigger and better than ever. It involved children competing in intra-house competitions across different athletics field events, aerobic dancing and track events. With 100% pupil participation and support from members of our community, this was an exciting day where children worked collaboratively to gain points for their teams. The event allowed for partnership with our local secondary school (Cox Green School) which benefitted both parties – Lowbrook children by having older sporting role models and Cox Green students by completing part of their Sports' Leaders qualifications.

New equipment was also utilised during the Sports day, enriching the children's experiences across both key stages, and will consequently be used for many years to come.

**Sports Week activities:**

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| <ol style="list-style-type: none"> <li>1. Football</li> <li>2. Rugby</li> <li>3. Street Dance</li> <li>4. Kickboxing</li> <li>5. Archery</li> <li>6. Skipping</li> <li>7. Ballet</li> <li>8. Parachute games</li> <li>9. Track and Field disciplines</li> <li>10. Wake Up Shake Up</li> <li>11. Scooters</li> <li>12. Tennis</li> <li>13. Dodgeball</li> <li>14. Hockey</li> <li>15. Golf</li> </ol> | <ol style="list-style-type: none"> <li>16. Taekwondo</li> <li>17. Zumba</li> <li>18. Dance aerobics</li> <li>19. Rock climbing</li> <li>20. Canoeing</li> <li>21. Kayaking</li> <li>22. Fencing</li> <li>23. Bowling</li> <li>24. Softball</li> <li>25. Swimming</li> <li>26. Trampoline activities</li> <li>27. Distance running</li> <li>28. Circuit training activities</li> <li>29. Netball</li> <li>30. Pilates</li> <li>31. Cricket</li> </ol> |
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**Ascot and Maidenhead School Sports Partnership Core package and Competitions**

Lowbrook Academy had a successful year in external competition, with children achieving excellent results in an array of sporting fields. Competitions were attended through the Ascot and Maidenhead School Sport Partnership group as well as external borough competitions such as the 6 Nations Tag Rugby competition held by schools in Wokingham. Below highlights the success of competitions (including some from the SSP).

**Success in competitive school sport 2016/17:**

September 2016	-	Y 3/4 Tag Rugby competition – 2 <sup>nd</sup> and 1 <sup>st</sup> in 2 pools
September 2016	-	Year 6 football against Dedworth Middle – Winners
October 2016	-	Year 3 AJD Football tournament – 1 <sup>st</sup> in two leagues
November 2016	-	Year 4 AJD Football tournament – 2 <sup>nd</sup> place in group stages
December 2016	-	Maidenhead Football League (friendly league) – 1 <sup>st</sup> Place (Team 1)
December 2016	-	Maidenhead Football League (friendly league) – 4 <sup>th</sup> Place (Team 2)
December 2016	-	Girl's 6 Nations Tag Rugby Inaugural League – 4 <sup>th</sup> Place
December 2016	-	Dance festival participants
January 2017	-	Reading Bluecoats under 11 Tag Rugby – group winners and semi finalists
January 2017	-	Under 11st Tag Rugby vs Oldfield – Tie & 2 <sup>nd</sup> place in 2 competitive matches
February 2017	-	Year 5 AJD Football tournament – 3 <sup>rd</sup> place
February 2017	-	Six Nations Tag Rugby Tournament – 1 <sup>st</sup> Place (Round 1)
February 2017	-	Under 11's Maidenhead United Tournament – 3 <sup>rd</sup> Place in groups (team 1)
February 2017	-	Under 11's Maidenhead United Tournament – 3 <sup>rd</sup> Place in groups (team 2)
March 2017	-	Claire's Court under 10s Football tournament – Semi finalists
March 2017	-	Y 3/4 Football Tournament – Joint 2 <sup>nd</sup> place in group stages.
March 2017	-	Six Nations Tag Rugby Tournament – 2 <sup>nd</sup> Place (Round 2)
March 2017	-	Six Nations Tag Rugby group stage – 1 <sup>st</sup> Place
March 2017	-	Netball RBWM League – 8 <sup>th</sup> Place
March 2017	-	Year 1 AJD Football Tournament – 2 <sup>nd</sup> Place
March 2017	-	Six Nations Tag Rugby Play Offs – Group winners and 6 <sup>th</sup> rank team.
June 2017	-	Hockey RBWM competition – 1 <sup>st</sup> and 2 <sup>nd</sup> place
June 2017	-	Year 6 AJD Football Tournament – 2 <sup>nd</sup> place
July 2017	-	Hardball Cricket Match: Lowbrook Vs Holy Trinity – 60 runs to 21 runs

The above list of successful sporting competitions highlights a positive growth in number of children participating in different events across various year groups. Involvement in sporting clubs stands at 60% (KS1) and 77% (KS2) which reflect the strength in competitions as a result of exposure to internal and external specialist coaching. The 2016/17 academic year shows Lowbrook Academy to have competed in new sporting events outside Maidenhead and demonstrates the progress made in including as many year groups as possible in competitions. The outcomes of these competitions also show excellent progress and achievement, particularly when taking into account that the majority of KS2 is one form entry. The scale of these achievements is therefore considerable.

The 2016/17 year began with the Under11s football team (A team) winning their league as a direct result of winning all matches convincingly. Lowbrook Academy created a secondary team to further raise the profile of football within the school. In addition, every school year in KS1 and KS2 was able to participate and succeed in external competitions whereby every year group's team were achieved within the top 3 positions.

As well as success within football, Lowbrook also performed well in rugby too - achieving trophies and top place finishes in the Year 5/6 team. This would not have been possible without excellent training facilities, equipment and coaching provided.

Lowbrook Academy also celebrated success within hockey, achieving first and second place wins within an upper KS2 RBWM competition, which was an excellent platform for the classes who received specialist coaching from Jenny Martin, to exercise their skills within a competitive environment.



*Semi Finalists at the Claire's Court  
Football tournament*



*Year 3 winners the AJD Football Tournament*



*2<sup>nd</sup> place in the Year 3/4 Tag Rugby*



*Introduction of a B team in  
The Maidenhead Football League*



*Six Nations Spring series winners*

### Sports and Resources

All classes within Key Stage 1 and 2 have used equipment recently purchased with the sports premium funding. An example of this is use of new football goals and netball nets, which regularly get used as part of the PE curriculum for different year groups as well as remaining in use all year round for netball club, football club and fixtures. The new slide-adjustable netball posts along with netballs have allowed children of all ages from Year 1 to Year 6 to utilise this within their PE lessons and everyday use (during playtime/lunchtime).

Other new sports equipment purchased this year included a football/rugby boot cleaner – a resource valued in teaching sporting etiquette, respect and cleanliness for the school.

Importantly, the purchase of equipment for Sports Day such as spring-back hurdles and starting blocks allowed further improvement of our athletics facilities which are used daily within the summer term PE lessons and in supervised lunchtime activities.



*Hurdles which are usable by KS1 and KS2*



*Sports Day equipment*



*Easily adjusted netball posts*

## Sports Kit

Lowbrook redesigned their football and rugby kit while at the same time sourcing ample kit for both children in KS1 and KS2. In doing so, we have ensured that the standards of the school teams' visual representation during competitions and tournaments remains high. Kits have been purchased for both Key Stages, and the children have demonstrated a great desire to wear it and become part of the Lowbrook teams to represent our school. This will definitely have a long term impact serving children in all year groups.



*New football garment purchased for KS1 and KS2*

## Continued Professional Development (CPD) of Staff

A priority of the PE action plan and budget breakdown continues to be CPD, enabling teachers to gain knowledge, confidence and sporting pedagogy to teach outstanding lessons and pass this knowledge onto other staff members.

New members of staff have been identified as the essential personnel to target within the PE action plan, where the opportunity to learn and apply their new skills could be vital to generations of children.

An example of a course attended by staff was the Real Gym course which helped target larger groups of children within extra-curricular teaching and class teaching of fundamental movement skills. Much of KS2 and upper KS1 benefited from teaching practice influenced by Real Gym PE training.

## Health and Fitness

The implementation of the Lowbrook Mile has been essential equipping our pupils for a healthy, active lifestyle. The initiative has been hugely incentivised with personal booklets to keep track of personal performance as well as awards granted for 'Most Improved' and '100% Effort' to build on a growth mind-set. These awards which are presented in assembly, along with a progress check for collective class miles seen through 'The Lowbrook Mile' display, encourage healthy living, whilst promoting an understanding in the benefits of physical exercise. The Daily Mile provides many advantages, including the following:

- Fitness will improve within four weeks after completing the mile daily.
- The 15 minute break from lessons is invigorating and leaves children (and teachers!) more focused and ready to learn.
- The Daily Mile is non-competitive, fully inclusive, and the children have fun!
- The Daily Mile builds teamwork and leadership skills, with children helping and encouraging their peers.
- Children bring the benefits home, eating and sleeping better and encouraging their families to get active together.
- The Daily Mile builds self-esteem and confidence, improving children's perception of exercise for life.

The Lowbrook Mile has really strengthened health and fitness across the school and has been completed by all classes and is tracked. For example, collectively Lowbrook ran more than 1000 miles across Term 3, with Year 4 and Year 6 completing more than 200 miles in their classes alone. The mile demands a growth mindset as children gradually realise their own capabilities and work hard to improve their times.



*The new Lowbrook Mile facility*

### Sports Clubs and Specialist teaching

Following the success of Sports Week, we have further enhanced our extra-curricular sporting activities offering. As well as staff who deliver after school clubs, the school appointed sports professionals to deliver high quality sport, including:

- Crissy Sanders (Street Dance)
- Simon Jackson and team of coaches (Chelsea Football Club)
- Carina Vicente (Luso Fencing)
- Matt Collins (Samurai Fitness)
- Cristian Rodrigues (N1 Golf)



Unquestionably, this increase in sporting opportunities available at Lowbrook has promoted a greater uptake of participation in sport in and out of school. Statistics below highlight a great uptake in sports, but only paint part of the picture with extremely long waiting lists for clubs.

Lowbrook have also forged a new link with external Hockey specialist (Jenny Martin) who provided weekly Hockey sessions to Years 4 and 5, as well as providing sessions to all children from Year 1 to Year 6 across Sports Week –

affecting 270 children. This boosted children's knowledge and skillset of Hockey and further upskilled more experienced children to then be able to participate in this sport at a more competitive level.

Such links with external clubs and pre-existing clubs offered to children allow for a large uptake of children participating in sport, as seen below:

### Children's participation (%) in extra-curricular sport

% of KS1 children involved in sport	60%
% of KS2 children involved in sport	77%
% of whole school involved in sport	69%
% of KS1 boys involved in sport	61%
% of KS1 girls involved in sport	49%
% of KS2 boys involved in sport	53%
% of KS2 girls involved in sport	47%

Alongside a wider range of sports clubs, Lowbrook has continued to forge ties with Jane Douglass, a dance specialist. Her services have aided a high standard of dance in Year 2 and 4. As well as this, she has also provided extra-curricular dance opportunities, running a weekly Dance Club after school. Through her lessons, teachers at Lowbrook were also upskilled by being actively encouraged to take ownership of teaching after sessions were complete with Jane. 60 children and 4 members of staff were provided with a greater outlook on dance and the results were outstanding as seen within class assemblies and productions in local competitions (Dance Festival).

In addition to this, Progressive Sports have provided the school with a high level of sports coaching across five classes throughout the entirety of the academic year, positively affecting year 1 (2 classes), 2, 3 and 6. 150 children were provided a high quality of sports coaching, with 100% of the school also experiencing this coaching within Sports Week.

As evidenced above, Lowbrook Academy ensures children receive exceptional quality of teaching in PE, through offering a broader range of sporting activities, some of which is through specialist coaching. These include:

Sport, Games and PE	Staff
Gymnastics	Jessica Wetherell
Football	Nealesh Bhadye (FA level 2 trained)
Rugby	David Rooney (RFU trained)
Hockey and Cricket	David Morgan
Netball	Rachel Mill
Swimming	Magnet Leisure Centre specialist coaching
Dance	Specialist Dance teaching from Jane Douglass
Canoeing/Kayaking	Longridge and Francesca Lynn-Ovidi
FA Football	Mitchel Woodward
Hockey	Jenny Martin
Progressive Sport	Ejaz Ahmed and Daniel.

## OAA

With the need to ensure children are exposed to Outdoor Adventure Activities, Year 6 spent 2 half days Canoe and Kayaking at Hurley. The days enabled children to familiarise themselves with the techniques of water sport activities whilst external to the school environment. This event also linked to the requirement for children to leave primary school with the knowledge of being able to swim, with this skill evidently put to use. Allowing the children to be exposed to these Outdoor Adventure Activities makes major contribution to physical and environmental education and enhances many other curriculum areas. Kayaking and canoeing in particular contributed to pupils' personal growth and social awareness, promoting qualities such as a sense of responsibility and a great deal of intrinsic enjoyment and satisfaction. The experience allowed our Year 6 pupils a non-competitive avenue for achievement, as well as providing opportunities to develop independence and self-reliance. Through successfully facing up to the challenges which outdoor activities provide, overcoming fears and apprehensions along the way, children make major strides in confidence, with implications for all aspects of their development.





**APPENDIX 1**

<b>Day</b>	<b>Foundation EY1I</b>	<b>Foundation EY1W</b>	<b>Year 1 1M</b>	<b>Year 1 1B</b>	<b>Year 2 2B</b>	<b>Year 2W</b>
<b>Monday morning</b>	9.10 – 9.40 Sanders Street Dance (Lowbrook suite)	9.40 – 10.10 Sanders Street Dance (Lowbrook suite) 10.40– 11.30 Kickboxing (hall)	9.10 – 10.00 Archery (outside) 10.10 – 11.10 Sanders Street Dance (Lowbrook suite)	9.40 – 10.20 Skipping (field) 11.10 – 12.10 Sanders Street Dance (Lowbrook suite)	9.00 – 9.50 Kickboxing (hall) 10.00 – 11.00 Archery (outside)	9.00 – 9.40 Skipping (field) 9.50 – 10.40 Kickboxing (hall) 11.00 – 11.45 Archery (outside)
<b>Monday afternoon</b>	12.45 – 1.35 Archery (outside) 2.30 – 3.15 Kickboxing (hall)	1.35 – 2.25 Archery (outside)	1.45 – 2.30 Kickboxing (hall)	1.00– 1.45 Kickboxing (hall) 2.25 – 3.15 Archery (outside)	12.45 – 1.45 Sanders Street Dance (Lowbrook suite)	1.45 – 2.45 Sanders Street Dance (Lowbrook suite)
<b>Tuesday Morning</b>	9.40 – 10.20 Skipping (field) 10.30 – 11.00 Ballet (Lowbrook suite – EY1W)	10.20 – 11.00 Skipping (field) 11.00 – 11.30 Ballet (Lowbrook suite – EY1W)	9.00 – 10.00 Parachute games (field) 10.00 – 10.30 Ballet (Lowbrook Suite – EY1W) 11.10 – 12.00 Chelsea Football (field)	9.30 – 10.00 Ballet (Lowbrook suite – EY1W) 10.00 – 11.00 Parachute games (field)	9.00 – 9.30 Ballet (Lowbrook suite EY1W) 10.10 – 11.10 Chelsea Football (field) 11.10 – 11.50 Skipping (field)	9.10 – 10.10 Chelsea Football (field) 11.30 – 12.00 Ballet (Lowbrook suite – EY1W)
<b>Tuesday afternoon</b>	1.00 – 1.45 WUSU(class) 2.15 – 2.25 Practice of Sports Day races	1.00 – 1.45 WUSU(class) 2.05 – 2.15 Practice of Sports Day races	1.00 – 1.40 Skipping (field) 1.55 – 2.05 Practice of Sports Day races	1.00 – 1.45 WUSU(class) 1.45 – 1.55 Practice of Sports Day races	1.00 – 2.00 Parachute games (field) 1.10 – 1.20 Practice of Sports Day races	2.00 – 3.00 Parachute games (field) 1.00 – 1.10 Practice of Sports Day races
<b>Wednesday morning</b>	9.00 – 9.30 Discus (field) 10.00 – 10.30 Tennis (playground)	9.30 – 10.00 Tennis (playground) 11.00 – 11.30 Discus (field)	9.00 – 9.30 Tennis (playground) 11.00 – 11.15 Glow Dodgeball (group 1) 11.15 – 11.30 Glow Dodgeball (group 2) 11.30 – 12.00 discuss	10.30 – 11.00 Discus (field) 11.00 – 11.30 Tennis (playground)	9.30 – 10.00 Discus (field) 10.30 – 11.00 Tennis (playground) 11.00 – 12.00 Golf (outside)	10.00 – 10.30 Discus (field) 11.30 – 12.00 Tennis (playground)
<b>Wednesday afternoon</b>	1.00 – 2.00 Parachute games (field)	2.00 – 3.00 Parachute games (field)	1.00 – 1.45 WUSU(class)	1.00 – 1.30 Glow Dodgeball (group 1) 1.30 – 2.00 Glow Dodgeball (group 2)	1.00 – 1.45 WUSU(class)	2.00 – 2.30 Glow Dodgeball (group 1) 2.30 – 3.00 Glow Dodgeball (group 2)
<b>Thursday morning</b>	9.00 – 9.40 Chelsea Football (field) 9.40 – 10.20 Golf (field)	9.40 – 10.20 Chelsea Football (field) 10.20 – 11.00 Golf (field)	9.30 – 10.00 Taekwondo (hall) 10.30 – 11.15 Hockey	9.00 – 9.45 Hockey 10.20 – 11.00 Chelsea Football (field) 11.00 – 11.30 Taekwondo (hall)	10.00 – 10.30 Taekwondo (hall) 11.15 – 12.00 Hockey	9.45 – 10.30 Hockey 10.30 – 11.00 Taekwondo (hall) 11.00 – 11.40 Golf (field)
<b>Thursday afternoon</b>	1.00– 1.30 Zumba (with EY1W – in front of Pavilion)	1.00– 1.30 Zumba (with EY1 – in front of Pavilion)	1.25 – 2.00 Golf (field) 2.00 – 2.30 Zumba (with 1B – in front of Pavilion)	12.45 – 1.25 Golf (field) 2.00 – 2.30 Zumba (with 1M – in front of Pavilion)	1.00 – 1.45 WUSU(class) 1.30 – 2.00 Zumba (with 2W – in front of Pavilion)	1.30 – 2.00 Zumba (with 2B – in front of Pavilion)

<u>Day</u>	<u>Year 3</u> <b>3G</b>	<u>Year 3</u> <b>3M</b>	<u>Year 4</u> <b>4BH</b>	<u>Year 5</u> <b>5M</b>	<u>Year 6</u> <b>6G</b>
<b><u>Monday morning</u></b>	10.30 – 11.00 Climbing - (grp 1 - 6 children) 11.00 – 12.00 Hockey (outside)	9.00 – 9.30 Climbing (grp 1 – 12 children) 10.00 – 11.00 Hockey (outside) 11.00 – 11.30 Climbing (grp 2 – 12 children) 11.30 – 12.00 Climbing (grp 3 – 6 children)	9.00 – 10.00 Hockey (outside) 10.20 – 11.00 Skipping (field) 11.30 – 12.00 Climbing (grp 1 – 6 children)	9.30 – 10.00 Climbing (grp 1 – 12 children) 10.00 – 10.30 Climbing (grp 2 – 12 children) 10.30 – 11.00 Climbing - (grp 3 - 6 children) 11.00 – 11.40 Skipping (field)	CANOE AND KAYAKING
<b><u>Monday afternoon</u></b>	1.00– 1.40 Skipping (field) 2.00 – 2.30 Climbing (grp 2 - 12 children) 2.30 – 3.00 Climbing (grp 3 - 12 children)	1.00– 1.40 Skipping (field)	1.00– 1.30 Climbing (grp 2 – 12 children) 1.30 – 2.00 Climbing (grp 3 - 12 children)	1.00 – 1.30 Zumba (in front of Pavilion)	CANOE AND KAYAKING
<b><u>Tuesday Morning</u></b>	9.05 – 10.05 Sanders Street Dance (Lowbrook suite – EY1) 10.10 – 10.20 Practice of Sports Day races 10.40– 11.30 Kickboxing (hall)	9.00 – 9.50 Kickboxing (hall) 10.00 – 10.10 Practice of Sports Day races 11.20 – 12.20 Fencing (Pavilion - #group 1)	9.20 – 10.20 Fencing (Pavilion – #group1) 10.20 – 11.20 Fencing (Pavilion - #group 2) 11.20 – 11.30 Practice of Sports Day races	9.50 – 10.40 Kickboxing (hall) 10.50 – 11.00 Practice of Sports Day races 11.05 – 12.05 Sanders Street Dance (Lowbrook suite – EY1)	9.00 – 9.40 Skipping 10.05 – 11.05 Sanders Street Dance (Lowbrook suite – EY1) 11.30 – 11.40 Practice of Sports Day races
<b><u>Tuesday afternoon</u></b>	1.00 – 2.00 Chelsea Football (field) 2.00 – 3.00 Fencing (Pavilion – #group1)	1.00 – 2.00 Fencing (Pavilion - #group 2) 2.00 – 3.00 Sanders Street Dance (Lowbrook suite – EY1W)	1.00 – 2.00 Sanders Street Dance (Lowbrook suite – EY1W) 2.00– 3.00 Kickboxing (hall)	1.00 – 2.00 Hockey 2.00 - 3.00 Chelsea Football	1.00 – 2.00 Kickboxing (hall) 2.00 – 3.00 Hockey
<b><u>Wednesday morning</u></b>	9.10 – 10.10 Fencing (Pavilion - #group 2) 10.10 – 11.10 Archery (outside)	9.10 – 10.10 Archery (outside) 10.00 – 10.30 Glow Dodgeball (group 1) 10.30 – 11.00 Glow Dodgeball (group 2)	BOWLING	9.00 – 10.00 Golf (field) 10.10 – 11.00 Fencing (Pavilion - #group 1) 11.10 – 12.10 Fencing (Pavilion – #group1 - girls) 10.00 – 11.00 Softball (girls) - field	9.00 – 9.30 Glow Dodgeball (group 1) 9.30 – 10.00 Glow Dodgeball (group 2) 10.00 – 11.00 Golf – field 11.00 – 12.00 Softball (girls) - field
<b><u>Wednesday afternoon</u></b>	1.00 – 1.30 Golf - field 2.30 – 3.15 Ballet – EY1W	1.00 – 1.45 Ballet – EY1W 1.30 – 2.00 Golf - field	BOWLING	1.45 – 2.30 Ballet – EY1W 2.30 – 3.15 Archery - field	1.00 – 2.00 Fencing (Pavilion - #group2) 2.00 – 3.00 Fencing (Pavilion – #group2)
<b><u>Thursday morning</u></b>	SWIMMING	SWIMMING 11.00 – 11.30 Zumba (with 4BH – in front of Pavilion)	9.00 – 9.40 Golf (field) 10.00 – 11.00 Archery (outside) 11.00 – 11.30 Zumba (with 3M – in front of Pavilion)	JUMP IN	9.00 – 9.30 Taekwondo (hall) 11.00 – 12.00 Chelsea Football (field)
<b><u>Thursday afternoon</u></b>	1.30 – 2.00 Taekwondo (hall) 2.00 – 2.30 Oscar (Ballet Talk) 2.30 – 3.00 Zumba (with 6G – in front of Pavilion)	1.00 – 1.30 Taekwondo (hall) 2.00 – 3.00 Chelsea Football (field)	1.00 – 2.00 Chelsea Football (field) 2.00 – 2.30 Taekwondo (hall)	JUMP IN	1.00 – 2.00 Archery (outside) 2.00 – 2.30 Oscar (Ballet Talk) 2.30 – 3.00 Zumba (with 3G – in front of Pavilion)