

Sports Premium Impact Statement 2014-15:

Sporting Success

Lowbrook Academy has had an outstanding year with children participating extensively across a range of sporting disciplines.

Key statistics for impact on PE at Lowbrook Academy using Sports Premium Grant 2014/15

Rugby Team wins (Year 3/4)	100% win record
Rugby Team wins (Year 5/6)	100% win record
Year 3/4 Football wins/draw/loss percentage for year	83% wins/ 11% draws/ 6% loss
% of children partaking in a new sporting discipline	100%
Number of year groups participating in competition	100%
Participation of children in sport	100%
% of children in KS2 going to sports After School clubs	70%
% of children participating in extracurricular sports	77%
Number of outside specialists that have taught children	18 (See Appendix 1)
% of children to have experienced outside specialist coaching	100%
Number of children taking up a new sport in 2015/16 academic year	105 children
% of children competing in Intra-house competitions	100%
Amount of children who attended a sporting school trip	75% of KS2 and 100% of KS1
Children able to swim 25m in Year 3	29 of 30 children
Amount of children to use the automatic ball machine	120 children (100% of KS2)
OAA participation	100% of Year 6
OAA activities	3 sports
Amount of specialist OAA activity	30 hours
CPD trained staff	8 members
Number of children aided by Level 2 football coaching	104

The 2014/15 year began with both the Year 3/4 and Year 5/6 Tag Rugby teams playing a wealth of matches (6 matches), most notably within the RBWM Sainsbury's Games, where both teams successfully managed to remain undefeated. Both teams won 100% of their games. Subsequently, both teams narrowly missed getting through to the Berkshire County Finals.

Football was the real success story of the year. Sports Premium funding enabled the completion of a FA Level 2 footballing coach for an internal member of staff. As a result, our success in football was improved with achievement in the RBWM football competition and County Finals.

Our remarkable Year 3/4 cohort of eager footballers achieved instant success, winning the Annual Maidenhead and Windsor football competition without a loss, and only conceded 2 goals in the whole process. The team scored 38 goals across 8 games. As a result this allowed Lowbrook to compete with the upper echelons of Berkshire's elite football teams, at the Berkshire County Finals. Here the team came close to glory, achieving the runners up place out of 16 teams across Berkshire. This was no doubt down to the skilled coaching we were able to deliver and offer children from the direct funding.



Winners and Runners Up teams for the Year 3/4 football borough and county finals.

Sports Week

Lowbrook Academy's Sports Week and Sports Day proved to be extremely successful events that highlighted how effective the Sport Premium expenditure has been with 100% participation of children in sport across every year group. Sports Week enabled over 90 hours of sport to be taught and played across 27 sporting disciplines. The wide range of sports on offer proved highly popular with pupils and parents alike. Furthermore, an impressive 100% of the children at Lowbrook Academy engaged in a new sport over the week. (See Appendix 1 for Sports Week timetable) The week also allowed for 105 children to extend their interest in sports coached by specialists during the week, through participation in After School Clubs offered in the 2015/16 academic year. The sports now widely participated by Lowbrook children, as a direct result of Sports Week include: Street Dance, Kick Boxing, Golf, Hockey and Football.

One of the major events during Sports Week was Sports Day. Sports Day was a special day whereby Students competed in Intra-house Competitions across different athletics field events, took part in energetic Zumba dancing and competed in track events. With 100% of students participating, and members of the community supporting, this was an exciting day where children exceeded their own limits to gain points for their teams. The event even allowed for partnership with a local secondary school, Cox Green School who aided proceedings with their students. As a result Lowbrook Academy helped 30 older students further their sports leader's qualifications.



Expect coaching from staff member, Claire Soane and KS2 trying out the sport of fencing.

The school brought in instructors (18 specialists) to deliver a wide range of sports and activities throughout the week. In addition to offering first class coaching they also gave 100% of Lowbrook teachers a chance to upskill their knowledge and practise with drills and activities observed. For example, all 11 teachers of Lowbrook Academy were able to gain new methods of practises such as dribbling from Chelsea Football Club. A vast range of sports were offered ranging from ice skating, Chelsea Football, fencing, tennis, badminton to event bowling - 27 sports in total. 3/4 of KS2 classes were part subsidised by the Sports Premium for trips to sporting venues and events. This allowed 91 children to experience sport outside the school environment.



Children pictured taking part in new experiences in and out of the school setting.

The Sports Premium expenditure for Sports Week has helped to promote healthy and fun living through exercise and sporting participation. Parents were able to follow the sporting progress of their children through Twitter, and were delighted with what they saw. One parent stated, "I'm loving the Tweets this week! Seeing my daughter have fun trying all these sports is great! Keep them coming!" Another quoted: "What a lucky boy Jack is to attend such a fab school. Well done to staff for a fab week of sports and a great sports days!" Another benefit of the week was that 100% of children were introduced to new sports that they might not have tried or even thought about trying. As a consequence of the interest in the sports that children experienced during Sports Week we have continued to forge relationships with external clubs through After School Clubs. These new partnerships include: Chelsea Football Club, Luso Fencing and Sanders Street Dance.



New links formed with Chelsea Football club and Sanders Street

Swimming

The Sports Premium Grant has enabled us to invest in swimming across Years 3, 5 and 6 and has been paramount in our compliance with the National Curriculum expectation that children are taught to swim. It has provided all 30 children in upper Key Stage 2 with the skill of to becoming a competent swimmer and has offered 100% of lower Key Stage 2 students the crucial skill of swimming to a competent standard across a 25 metre distance. Expenditure such as this provides an everlasting lifesaving skill and allows an understanding of limits around water. 29 of the 30 children in Year 3, were successful in their efforts to swim to a competent level, the one child who didn't manage to achieve this will have the opportunity to go swimming in Year 5.



Year 3 practising their swimming skills at the Magnet and being given awards.

Resources & Sports Equipment

The acquisition of high quality, innovative equipment such as an automatic ball machine has provided a vital step in increasing the standard of most racket/bat based sports. With 100% (120 children) of KS2 children having used the ball machine, it has created an aura of excitement. It has also enabled Lowbrook to continue to push the boundaries and offer the best possible facilities in which to engage children. Consequently batting skills have improved as the machine offers a more consistent and effective bowl in comparison to child's ball delivery. The machine has also enabled children to gain perspective of what an accurate bowl is like, thus giving them an insight into game realism. The aim of this purchase is to aid the success of cricket for the 2015/16 and beyond.

Investment in the WUSU (Wake Up Shake Up) DVD has encouraged and inspired KS1 and EYFS to participate in indoor physical activity during various times in the day such as morning registration, as experienced especially during Sports Week. Investment in a Tug of War rope has given yet another angle of physical education and ensures children are always attempting new disciplines of sport. An example of where the children have used the rope is during Sports Day, where the adults were opponents to Year 6,



The automatic ball machine in use during Sports Week

Outdoor Adventure Activities

With Outdoor Adventure Activities (OAA) forming part of the curriculum, 100% of Year 6 children have broadened their experience and scope from 3 activities. The year group participated in sports such as Canoeing and Kayaking, climbing and orienteering. Investment using the Sports Premium in this strand of sport facilitated character building skills such as communication and team work. It also enabled a year group, with an apparent non engagement in sports clubs to have the opportunity to try sports that Lowbrook Academy doesn't normally offer. Children took part in these sports across 15 weeks, totalling 30 hours.



Year 6 taking part in indoor climbing, as part of their OAA PE programme.

Specialist PE teachers

The decision to work in partnership with Jane Douglass using Sports Premium funding has enabled a professional and long established relationship to continue. It has ensured children get specialist teaching from Jane, who takes a lead on RBWM Dance curriculum, through an After School Club. With children gaining specialist skills, 4 teachers (Mrs Brown, Mrs Gallop, Miss Ellis and Miss Briffa) were also provided a chance to upskill and gain new approaches to teaching dance. The Sports Premium funding has aided a higher standard of dance to be displayed, as seen by parents from 100% of the year groups. Jane's employment has promoted a higher quality of performance, confidence and self-esteem at class assemblies, Dance Festivals and Diversity Week events. We were able to subsidise the ticket cost for parents to attend the RBWM Dance Festival thus helping to boost morale and give children a real sense of achievement.



An exciting assembly, showcasing a performance which was influenced by dance expert, Jane Douglass

Continued Professional Development (CPD) of Staff

A priority of the PE action plan was CPD; funding was allocated from Sports Premium, enabling teachers to gain knowledge, confidence and sporting pedagogy to teach outstanding lessons. The investment in CPD has ensured a long term impact on outstanding practise at Lowbrook Academy demonstrated by 100% of outstanding PE lessons. Eight members of staff were given the opportunity to learn new skills.

Courses attend by teachers include:

How teaching assistants can effectively support PE - Kerina Roberts, Nicola Edwards, Bethany Hadley and Sandra Doolan, These Four teaching assistants were shown how to assist the teacher in delivering an outstanding and effective lesson through helping AGT and low ability. Attendance has been very effective, as seen through 100% observations and learning walks of the PE lessons.

REAL PE courses run by Create Development- Bianca Iasi. The course has helped extend knowledge and proficiency in the teaching of PE. Implementation of many key principles has been successfully executed with the resources supplied by the course. She has been able to focus on the teaching fundamental movement skills of balance, coordination and agility to limit any gaps in physical development and capabilities of pupils. 100% of children experienced PE lessons inspired by REAL PE.

Level 2 Football Coaching by the Football Association. - Nealesh Bhadye. This built on his successes of FA level 1, which he did last year. The course has enabled Mr Bhadye to gain a deeper insight into the practises approved by the game's leading coaches. With the premium allowing for CPD such as this, Lowbrook can continue to look forward to long term delivery of high quality football coaching. 104 children were able to experience this high level coaching through After School Club and general coaching in lesson and lunchtime, which was completed over 50 hours learning.

How to be an effective leader of PE - Nealesh Bhadye. With Mr Bhadye gaining the role of Head of PE at Lowbrook during the 2014/15 academic year it was vital that he be given the necessary skills and knowledge lead a new, exciting chapter of PE at Lowbrook Academy. The course enabled a deeper insight into strands of teaching such as assessment and how it could be conducted.

High Five Netball - Rebecca Scrace. With netball being an area of focus for the 2015/16 academic year, Miss Scrace was given the responsibility of nurturing future players. The course enabled rules and regulations to be understood with ideas on how to deliver effective coaching sessions for individual skills.

Quadkids Twilight training - Caroline Ellis. With a large part of the PE curriculum focusing on Athletics, Miss Ellis wanted to further her knowledge in this field with Quadkids training. She found new approaches to coaching various disciplines of track and field events.

Courses have provided Teachers with values, knowledge and resources required to produce outstanding lessons, and ensure children develop a love of physical activity.



REAL PE training activities (left) and an example of the FA Four Corners philosophy of football (right)

Appendix 1 (Sports Week timetable)



<u>Day</u>	<u>Foundation Sun</u>	<u>Foundation Moon</u>	<u>Year 1 Venus</u>	<u>Year 1 Mercury</u>	<u>Year 2 Earth</u>
<u>Monday morning</u>	9.15 - 10.00 Chelsea Football	10.00 - 10.45 Chelsea Football	9.00 - 10.00 WUSU (class) 11.00 - 11.45 Chelsea Football	9.00 - 10.00 WUSU (class) 11.20 - 12.00 Tennis Cox Green	9.00 - 9.45 Tennis Cox Green
<u>Monday afternoon</u>	1.00 - 2.00 Parachute Games (Foundation end of field - teacher)	2.00 - 3.00 Parachute Games (Foundation end of field - teacher)	1.05 - 2.05 Street Dance	12.45 - 1.30 Chelsea Football	12.45 - 1.30 Athletics Rodger Hughes 1.30 - 2.30 Chelsea Football
<u>Tuesday Morning</u>	9.00 - 9.45 Tennis (Cox Green - teacher)	11.20 - 12.00 Tennis (Cox Green-teacher)	9.00-10.00 Bean Bag baseball (teacher)	10.00-11.00 Bean Bag baseball (teacher)	10.10 - 11.10 Cricket (teacher)
<u>Tuesday afternoon</u>	1.00-1.45 Orienteering/ Treasure hunting	1.45 - 2.30 Orienteering/ Treasure hunting	1.00-1.45 Parachute Games (Foundation end of field - teacher)	1.45-2.30 Parachute Games (Foundation end of field - teacher)	2.30-3.15 Parachute Games (Foundation end of field - teacher)
<u>Wednesday morning</u>	9.10 - 10.10 Street dance in Claire's room 11.00-11.30 Golf	10.10 - 11.10 Street dance in Claire's room 9.30 - 10.00 Golf	9.00 - 9.45 Tennis Cox Green 11.10 - 12.10 Street dance in Claire's room 10.00 - 10.30 Golf	9.10 - 10.10 Orienteering/ Treasure Hunt 10.30 - 11.00 Golf	10.10 - 11.10 Baseball (teacher)
<u>Wednesday afternoon</u>	1.00 - 2.00 Gymnastics (C.Soane) 2.00-3.00 Yoga (B.Scraace)	1.00 - 2.00 Bean Bag baseball (teacher)	1.00 -2.00 Yoga (B.Scraace) 2.00 - 3.00 Gymnastics (C.Soane)	1.00- 2.00 Street dance in Claire's room	2.00 - 3.00 Street dance in Claire's room
<u>Thursday morning</u>	9.00-9.30 Kickboxing (hall) 10.00-10.30 Dancing in Claire S room	9.30-10.00 Kickboxing (hall) 10.30 - 11.00 Dancing in Claire S room	10.00-10.30 Kickboxing (hall) 11.00 - 11.30 Dancing in Claire S room	10.30-11.00 Kickboxing (hall) 11.30-12.00 Dancing in Claire S room	11.00-11.30 Kickboxing (hall)
<u>Thursday afternoon</u>	1.00 - 1.30 Zumba (C.Briffa - outside LB suite)	1.00 - 1.30 Zumba (C.Briffa - outside LB suite)	1.30 - 2.00 Zumba (C.Briffa - outside LB suite)	2.00 - 2.30 Zumba (C.Briffa - outside LB suite)	1.00-2.00 Basketball 2.00 - 2.30 Zumba (C.Briffa - outside LB suite) 2.30 - 3.15 Baseball (K.Roberts)

<u>Day</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
<u>Monday morning</u>	9.10 - 10.10 Street dance with Chrissy Sanders (Bianca's room) 10.10 - 11.10 Orienteering (C.Ellis)	10.10 - 11.10 Street dance with Chrissy Sanders (Bianca's room) 9.10 - 10.10 Tag Rugby (N. Bhadye)	Lord's Cricket trip	9.15 - 10.15 Fencing (hall) 10.15 - 11.15 Fencing(hall) 11.15 - 12.10 Street dance in Bianca's room
<u>Monday afternoon</u>	1.00 - 2.00 Fencing(hall) 2.00 - 3.00 Fencing(hall)	1.30 - 2.15 Athletics Rodger Hughes 2.15 Sport History work	Lord's Cricket trip	2.15 - 3.15 Athletics Rodger Hughes
<u>Tuesday Morning</u>	Twickenham Rugby trip	9.15 - 10.15 Fencing(hall) 10.15 - 11.15 Fencing(hall) 11.10 - 12.10 Hockey (Field)	9.10 - 10.10 Hockey (Field)	10.10 - 11.10 Hockey (Field)
<u>Tuesday afternoon</u>	Twickenham Rugby trip	1.00 - 1.45 Badminton 1.45 - 2.30 Sport History 2.30 - 3.10 Cricket (M.Brown)	1.45 - 2.30 Badminton 2.30 - 3.10 Tag Rugby (N.Bhadye)	2.30 - 3.15 Badminton
<u>Wednesday morning</u>	9.10 - 10.10 Football (Russell) 10.10 - 11.10 Chelsea Football 11.10-12.10 Tag Rugby (N.Bhadye)	9.00 - 9.30 Table tennis 9.30 - 10.00 Table tennis 10.00 - 10.30 Table tennis 11.10 - 12.10 Orienteering (C.Ellis)	9.10 - 10.10 Fencing(hall) 10.10 - 11.10 Fencing(hall) 11.10 - 12.10 Chelsea Football	9.10 - 10.10 Chelsea Football 10.30 - 11.00 Table tennis 11.00 - 11.30 Table tennis 11.30 - 12.00 Table tennis
<u>Wednesday afternoon</u>	1.10 - 2.30 Athletics Rodger Hughes	1.10 - 2.10 Chelsea Football 2.30 - 3.00 Cycling (D.Rooney)	1.00- 1.30 Table Tennis (grp 1) 1.30 - 2.00 Table Tennis (grp 2) 2.00 - 2.30 Table Tennis(grp 3) (x10 miss 20 mins athletics) 1.30 - 2.00 Group 3 Cycling (D.Rooney) 2.00-2.30 Group 1 and 2 Cycling (D.Rooney) 2.30- 3.10 Athletics Rodger Hughes	1.00 - 1.30 Cycling (D.Rooney) 1.40-3.15 MUSIC
<u>Thursday morning</u>	9.00-10.45 Swimming 11.10-12.10 Basketball (playground)	9.00-2.30 ICE SKATING	10.10-11.10 Basketball (playground)	9.10-10.10 Basketball (playground)
<u>Thursday afternoon</u>	1.30 - 2.00 Zumba (C.Briffa -	9.00-2.30 ICE SKATING 2.30 - 3.15	1.00-1.45 Boxing (hall) 1.45- 2.15	1.10 - 1.40 Kickboxing (Claire's room)

	outside LB suite) 2.15 -2.45 Kickboxing (Claire's room)	Boxing (hall) 3.00 - 3.15 Zumba (C.Briffa - Outside LB suite)	Kickboxing (Claire's room) 2.30 - 3.00 Zumba (C.Briffa - outside LB suite)	1.45 - 2.30 Boxing (hall) 2.30 - 3.00 Zumba (C.Briffa - outside LB suite)
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NB

- Fencing is undertaken in hourly sessions of 15 children at a time with Carina Vicente.
- Athletics will be held as a whole class by Rodger Hughes
- Hockey will be conducted by Paul Loudon on the field
- Table Tennis with Ken Phillips and Jan Chapman in groups of 10 on Lowbrook suite veranda.
- Football with Simon Jackson and one other coach on field.
- Badminton with Chris Chu in hall
- Street Dancing with Chrissy Sanders in Bianca's and Claire's room
- Boxing with Bertie and Jack
- Golf with Christian Lopez on the field.
- Kickboxing with Matt Collins in the hall.
- Basketball from coaches from Reading Rockets basketball club with Phil Milbourne.
- Ballet and jazz dancing with Elite Academy of Dance