Lowbrook Spring/ Summer Menu 2022



Or a choice of Yoghurt & Fresh Fruit available daily

WC 07/03/22 WC 28/03/22 WC 02/05/22 WC 23/05/22 WC 20/06/22 WC 11/07/22 WC 05/09/22 WC 26/09/22 WC 17/10/22	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Chef James Chicken Jollof Rice	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Vegetable Curry with Rice	Vegan Spaghetti Bolognaise	Vegetable Loaf , Roast Potatoes, Stuffing,& Gravy	Vegan Burger in a Bun with Wedges & Tomate Sauce	Cheese & Bean Pasty with Chips
	Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Apple, Cheese & Crackers	Chocolate & Beetroot Brownie with Chocolate Sauce
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WC 14/03/22 WC 04/04/22 WC 09/05/22 WC 06/06/22 WC 27/06/22 WC 18/07/22 WC 12/09/22 WC 03/10/22	Option 1	Falafel with Lemon & Herb Couscous	Chicken Fajitas with Sice	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce			
	Option 2	Cheese & Tomato (**) Pizza	Vegetable Enchilada	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce			
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans			
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread			

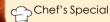
Or a choice of Yoghurt & Fresh Fruit available daily

Added Plant Power



Vegan





Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross

contamination.