

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EY1	Fundamental Movement Skills & Dance Agility	Fundamental Movement Skills & Dance: Co-ordination	Fundamental Movement Skills & Dance: Spatial Awareness	Fundamental Movement Skills & Dance: Force.	Fundamental Movement Skills & Dance: Dynamics Athletics.	Fundamental Movement Skills & Dance: Levels Sports Day fun.
Year 1	Invasion games- Rugby Dance	Invasion Games – Football Dance	Fundamental Movement Skills relating and incorporating: Gymnastics – Individual sequences (Dynamic balance / Static Balance).	Fundamental Movement Skills relating and incorporating: Athletics. Dance	Fundamental Movement Skills Athletics – running, jumping & throwing.	Fundamental Movement Skills relating to: Racket sports - Tennis. Athletics.
Year 2	Invasion games- Rugby Dance	Invasion Games – Football Dance	Fundamental Movement Skills: Dynamic Balance to Agility / Static Balance Gymnastics	Fundamental Movement Skills: Coordination-ball skills (running, striking, kicking) Invasion games Dance	Fundamental Movement Skills: Coordination / Agility-reaction & response Athletics – running, jumping & throwing	Fundamental Movement Skills: Throwing/catching Invasion Games Dance
Year 3	Invasion games- Rugby Dance	Invasion Games – Football Dance	Fundamental Movement Skills: Gymnastics (Counter balances, rolls); Netball	Fundamental Movement Skills: Hockey; Dance	Fundamental Movement Skills relating to: Athletics Swimming	Fundamental Movement Skills relating to: Athletics Swimming
Year 4	Invasion games- Rugby Dance	Invasion Games – Football Dance	Contemporary Dance Gymnastics	Mexico/Egypt Dance – performance skills Striking/fielding games - cricket	Athletics – throwing, running, jumping. Striking/fielding games - cricket	Athletics – throwing, running, jumping. Striking/fielding games - cricket
Year 5	Invasion games- Rugby Dance	Invasion Games – Football Dance	Invasion games Dance	Cricket Dance	Athletics Dance	Games - Cricket. Batting and fielding skills Dance
Year 6	Invasion games- Rugby Dance	Invasion Games – Football Dance	Net/wall Games: Badminton Dance	Striking & fielding games: Cricket Dance (Greek)	Athletics – running, jumping & throwing Dance	Athletics – running, jumping & throwing Dance